



IAS Newsletter - September 2025

Hello!

We hope you had a good summer break.

We are back in the office and back at it, it's going to be a busy term. We are really happy to have appointed our new adviser, Anna Henderson who has started in the office and is learning the ropes. We have our information coffee mornings up and running and started with a session all about Benefits last week - see below for more details of the sessions to come.

Best wishes,

Donna, Jean, Kate, Millie & Anna

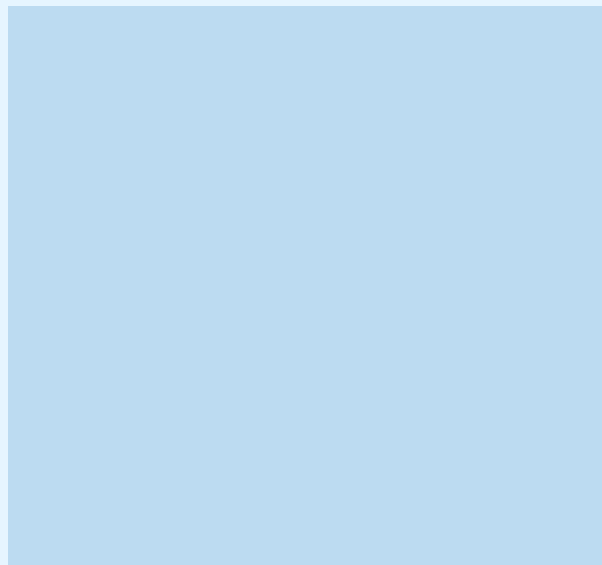
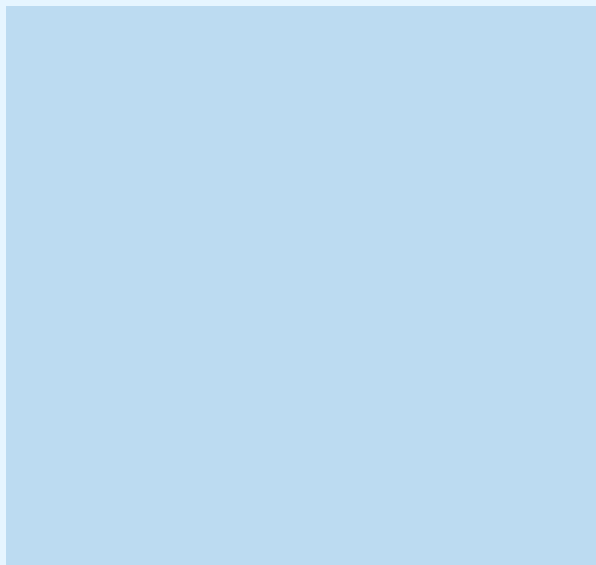


Meet Anna - our new Adviser

Anna joins us as a part time adviser, (now that Donna Hembury has gone part time).

Anna has two children, a budgie called Bingo and loves watching films. She has experience of Special Educational Needs, working within various educational settings, and we are very pleased she has joined the team!

IAS Information Coffee Mornings



ias Special Educational Needs & Disability (SEND)
Information, Advice and Support Service for children, young people and parents

PREPARING FOR ADULTHOOD

We'll talk about the process of Preparing for Adulthood for children and young people with an EHCP, and/or SEND



**WEDNESDAY 22ND OCTOBER
10-11.30AM**

@ Riverside Children's Centre, West Dean,
Maidenhead SL6 7JB



Book your FREE ticket here via QR Code

ias Special Educational Needs & Disability (SEND)
Information, Advice and Support Service for children, young people and parents

Wednesday 24th September Benefits Explained

Coffee from 9.30am, info session 10-11am
Windsor Family Hub 65 Alma Rd, Windsor SL4 3HD



Join the IAS team and RBWM Benefits Adviser Shameem Hejazi to talk about what Benefits may be available to you and your child/Young person with SEND, top tips on how to apply and an opportunity to ask questions to Shameem & IAS advisers.



Book your free place here:



SEND Voices RBWM

October Coffee Morning

**14 Oct 2025
9.30AM
Woody's Cafe
SL4 5AY**

Join us as we chat to Jane McFadyen and Dr Caroline Bird about the role of the Educational Psychology service, how they work with young people, families and schools, including the breadth of work that they are involved in and how this supports children and families.

From Anne Bishop- Area SENCo

In RBWM our special school colleagues are working with our mainstream school staff to offer a package of SEND and Inclusion training. This has been a highly effective way to contribute to consistent working practises across the borough and to share expertise.

This term we are piloting a similar offer to parents/ carers of children and young people in our RBWM schools. We have planned 4 online/ face to face information and advice sessions FREE of charge, delivered by staff from Forest Bridge School.

If you would like to sign up to any of these sessions, please follow the booking link below.

We will send out the online link for these sessions to anyone who signs up.

Please note: these sessions are for general advice and information, staff delivering the sessions will not be able to offer detailed support/advice on individual children. In order to be accepted onto the session, you must have a child who attends an RBWM school or educational setting or is registered as EHE.

Depending on the success of these sessions, we will continue to offer further training next term.

Tuesday 7th October 2025 Online 2-3pm - Understand proactive strategies that reduce chances of dysregulation or crisis <https://www.eventbrite.co.uk/e/rbwm-parent-carer-session-proactive-strategies-tickets-1672753082499?aff=oddttdcreator>

Monday 1st December 2025 1:30-3pm - Face to face session at Forest Bridge- School Independent Living Skills <https://www.eventbrite.co.uk/e/rbwm-parent-carer-session-independent-living-skills-tickets-1672904866489?aff=oddttdcreator>

Tuesday 9th December 2025 Online 2-3pm Reinforcement and Replacement Behaviour - <https://www.eventbrite.co.uk/e/rbwm-parent-carer-session-reinforcement-and-replacement-behaviour-tickets-1672791005929?aff=oddttdcreator>



Local Offer Newsletter and roundup of October half term events

Please click on the links below for the most up to date Local Offer newsletter which includes this month information on digital apps and devices that may help those with SEND.

[Local Offer Newsletter](#)

[Windsor & Maidenhead October Half term Activities](#)

The Healthy Parent Carers programme



GEMS

Autism & ADHD Support Service
East Berkshire

Upcoming Events

SEPT
16
10AM TO 12NOON
Navigating School Avoidance

SEPT
16
7 PM TO 9 PM
3 Part ADHD Course

SEPT
17
7 PM TO 9 PM
3 Part Autism Course

OCT
01
7:30 PM TO 9:30 PM
Managing Anxiety

OCT
7
7 PM TO 9 PM
NEW - Emotional Regulation

OCT
14
7 PM TO 9 PM
Sensory Processing

OCT
15
7 PM - 9 PM
Sleep - Autism & ADHD

OCT
16
10 AM TO 12 NOON
Empowering Calm

COMING SOON
10 AM TO 12 NOON
NEW - PDA



Parenting
Special
Children

NHS
Frimley



To celebrate the new term, we've released our latest podcast episode, **Stories About Autism: A Dad's Perspective**. In this episode, we welcome James Hunt, a dad and advocate from Stories About Autism. This is a great episode, so make sure to give it a listen!

<https://www.witherslackgroup.co.uk/advice-and-support/resources/sensational-podcast-stories-about-autism-a-dad-s-perspective/>

stories-about-autism-a-dad-s-perspective/



Sleep: autism and ADHD

The course covers:

- Children's sleep cycles and sleep needs.
- Reasons behind night settling and night waking.
- Strategies to feel less stressed when sleep training.
- Strategies for settling your child to sleep, and staying asleep.

*Hosted by Parenting Special Children
Online Wednesday 15 October 7pm to 9pm*

**Sleep - Autism and ADHD: Berkshire
East October 2025 | Parenting
Special Children**



Understanding emotional regulation

The course covers:

- Factors affecting regulation.
- The window of tolerance.
- The neuroscience of emotional regulation.
- Fight, flight, freeze, flop, flood, fawn responses.
- Strategies to return to and stay in the window of tolerance.

*Online Tuesday 7 October 7pm to 9pm
Hosted by Parenting Special Children*

<https://parentingspecialchildren.co.uk/events/emotional-regulation-berkshire-east-oct-2025/>



Mencap chill out club

Maidenhead Mencap hosts a youth club called 'Chill Out Club' for young people with a learning disability aged 15 to 24. The sessions offer a place to have fun, play games and make friends. The club is free for those who join Mencap, and it runs every Thursday between 7pm to 9pm during term time. It is located at Highview, 6 North Road, Maidenhead, SL6 1PL.

If your young person is interested in joining, please call Linda Francis on 07783 626357 or email: lindamencap23@gmail.com.

Local Offer

The Local offer has a whole host of information and event listings on it including activities for children and young people. Follow the link below for more information.

<https://rbwm.afcinfo.org.uk/pages/local-offer/information-and-advice/activities-and-clubs-for-children-and-young-people>



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