



IAS Newsletter March 2025

How wonderful to see the sunshine! It feels like Spring might be on its way at long last. Here is the latest round up of information from us including our latest Parents' Care Coffee morning sessions - Transition to College and Meet the Educational Psychology Service.

If you have an idea for a topic for our monthly Parents' Share coffee morning just drop us a line ias@rbwm.gov.uk

Best wishes, Jean, Donna, Kate and Millie

Parents Share Events

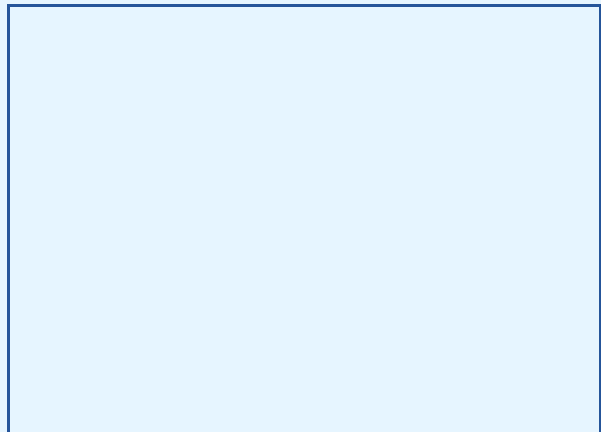
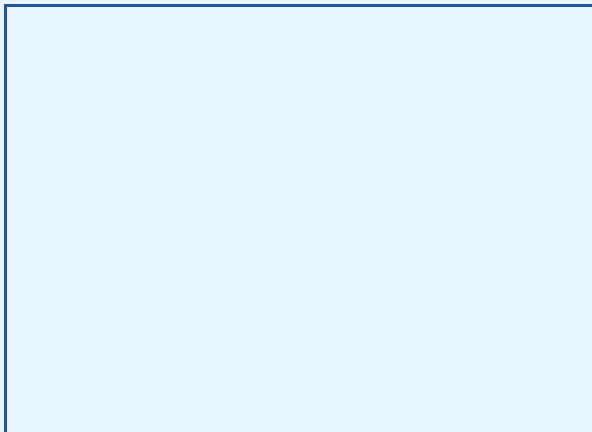


We have been holding our monthly Parents' Share meetings around the borough this term.

Our next session is at The Maidenhead Family hub and is an informal session regarding what to expect when your young person transitions to College. Open to anyone to come along and meet with Preparing for Adulthood representative and a representative from the Windsor Forest College Group.

More information and the full program below

[Read More](#)






COLLEGE TRANSITION

An informal session regarding what to expect for your young person with (SEND or an EHCP) when they transfer to college. We will be joined by Laura Peters from the Windsor Forest college Group a representative from the Preparing for Adulthood team, AFC.

TUESDAY
25 MARCH

TIME
10 - 11:30AM

*OPEN FROM 9.30 FOR A CUPPA

@ RIVERSIDE CHILDREN'S CENTRE,
WEST DEAN, MAIDENHEAD SL6 7JB

Reserve your free place via www.ias-rbwm.info/events



Join us to

MEET THE EDUCATIONAL PSYCHOLOGY SERVICE

Tuesday 29th April 10-11.30am
Open from 9.30 for a cuppa.



@Riverside Children's Centre, West Dean,
Maidenhead SL6 7JB

Book a free ticket via:
<https://www.ias-rbwm.info/events>




Girls' Empowerment Day!

'The Women Who Will Come After Us'

Advocating for changes for young people with disabilities

8th March 2025
14:00 to 17:00
The Old Court, Windsor,
SL4 3BL

Activities include guest speakers, discussion forums and creative workshops!

Scan the QR code to book tickets



for more info, email:
girlsforum@achievingforchildren.org.uk

The RBWM Girls' Forum's 2nd 'Girls Empowerment Day'

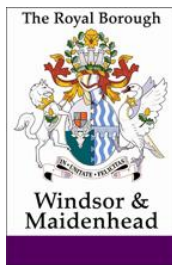
Saturday, 8th March, from 2.00pm to 5.00pm in The Old Court, Windsor, SL4 3BL.

Girls Forum is a youth voice group for girls aged 12-19 in RBWM. We are dedicated to empowering young women to have their voices heard but we strive to represent all young people in RBWM. Our event is for boys and girls 10+ year .

The theme of the day is "The Women Who Will Come After Us" with the aim of discussing and addressing the experiences of young people who have disabilities, with a particular focus on neurodiversity, in our borough. We want to hear from young people about their experiences and then advocate for change for those who will come after us. We will write

a report on our findings which will go to senior management at RBWM and Achieving for Children.

[Book Free tickets Via](#)



Inclusion Summit

The sixth Royal Borough of Windsor and Maidenhead Inclusion Summit will be held on Tuesday 20 May 2025.

It will be an opportunity for all parents and carers, as well as other key stakeholders, to share information and celebrate developments in special educational needs and disabilities (SEND) across the borough.

The event will inform how we are all working together as a positive beacon of inclusion for children and young people (0 to 25 years) with SEND.

More to details to follow but for now, please save the date.



Information Toolkit for Parents and Carers on Bullying

This toolkit aims to empower parents/carers with information and strategies to help address bullying effectively, ensuring your child receives the support and protection they deserve. It outlines key legal duties, school responsibilities, and practical steps you can take if your child is experiencing bullying.

[Access Toolkit here](#)



Virtual Coffee Morning Eating and food Autism and ADHD

Friday 21st March 10 - 11:15am

25 spaces available!

Join our online informal discussion to cover the following areas:

- What works for your family at meal times?
- What are problematic areas around eating?
- How do you support your child with eating?

Please note this is not a workshop but support group for parent/carers and any medical advice should be sought from your medical practitioner.



Sign Up Today!

Available for families who reside in or have a registered GP in East Berkshire with a child who is Autistic/ADHD (suspected/pathway/diagnosed)

To book your place contact GEMS:

Gems.4Health@nhs.net 0800 999 1342



Virtual Coffee Morning Sleep - Autism and ADHD

Friday 25th April 10am to 11:15am

25 spaces available!

Join our online informal discussion to cover the following areas:

- What makes sleep and bedtime easier?
- The effects of poor sleep patterns on the family
- Coping with sleep regression and changes in routine

Please note this is not a workshop but support group for parent/carers and any medical advice should be sought from your medical practitioner.



Sign Up Today!

Available for families who reside in or have a registered GP in East Berkshire with a child who is Autistic/ADHD (suspected/pathway/diagnosed)

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Kidz to Adultz South Exhibition @ Farnborough International Exhibition & Conference Centre

Thursday 1st May 0930-1600

The Kidz to Adultz exhibitions bring children and young adults with disabilities and additional needs together with specialist exhibitors to find the best solutions for every situation.

We're proud to host many of the leading UK and European equipment brands and introduce visitors to charitable services that can help with education, funding, transition, legal matters, and more.

Explore our [exhibitor list](#) to see which industry experts, specialist services and charity organisations you can visit on the day.

Register for your free ticket here: [REGISTER](#)

World Down Syndrome Day

The theme for this year's World Down Syndrome Day and Down's Syndrome Awareness Week is all about support.

Everyone needs support sometimes. The support that we may need will be different for every person, and that's just the same for people who have Down's syndrome.

Getting the right support at the right time opens up opportunities for people who have Down's syndrome; so they can live the lives they want, giving them choice, control and dignity.

Families also need support, to care for and advocate for their loved ones.

Find out more here: <https://www.downs-syndrome.org.uk/>

In addition the Downs Syndrome Association have lots of free learning, workshops and online support sessions - find out more here: [Training - Downs Syndrome Association](#)



 World
Down
Syndrome
Day

21 March 2025



#ImproveOurSupportSystems

Raise money and awareness for the

Down's Syndrome Association

Wear your #LotsOfSocks with pride this #WorldDownSyndromeDay



Take a photo or video, share on social media and spread the word!



Healthy Parent Carers workshop

The Healthy Parent Carers were delighted to host a workshop at the Council of Disabled Children

Annual Conference on 6th February.

Cara Stratford from Esteem Team, Exmouth shared her experiences facilitating the programme and how it has the long term effect of reducing her work load as a parent support officer, as parents learn how to support themselves and each other.

Shona, a participant, spoke movingly about how the programme helped her change her life at a very low point. She now takes active steps to connect with

others. Walking the dog with her husband and stopping for a beer, doing Wordle with her daughter, and meeting members of her local community at an exercise class have all strengthened her sense of connection and wellbeing. Just small things that cumulatively make a big difference.

Co-produced by academics and parent carers, the programme is having long lasting impact on participants across the country. Amanda Allard told conference attendees that Healthy Parent Carers should be part of every Local Offer. Thank you Amanda; that's what we're aiming for!

You can watch our workshop [here](#).



Newbold Hope - free Resources

Are you worried about a child's difficult and dangerous behaviour? Does your child sometimes become violent towards others? Do the rest of the family sometimes get hurt? Newbold Hope is entirely run by parents who have been through this with their own child and our whole approach is based on what we know has already worked successfully in our own families and in thousands of others.

<https://www.newboldhope.com/>



Speech and Language Uk

Our free resources and services can help with understanding what to look out for, child's speech, language and communication milestones, how to get support and even some simple ways you can help your child at home.

The Speech and Language Website includes a progress checker, sections on Signs and symptoms, ages and stages, and a resource library for families.

Find out more via the website: <https://speechandlanguage.org.uk/help-for-families/>



The Charlie Waller Trust provide mental health training, resources and consultancy with a focus on children and young people.

<https://www.charliewaller.org/>



The National Deaf Children's Society are here for you whenever you need us – if you've just found out your child has a hearing loss, you need support with making decisions as your child grows up or you work with deaf children.



Sibs exists to support people who grow up with or have grown up with a disabled brother or sister. It is the only UK charity representing the needs of over half a million young

<https://www.ndcs.org.uk/information-and-support/>

siblings and over one and a half million adult siblings.
<https://www.sibs.org.uk/>

Information, Advice and Support Service for Windsor & Maidenhead | Riverside Children's Centre
West Dean | Maidenhead, BERKSHIRE SL6 7JB GB

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