



IAS Newsletter -September 2026

Welcome Back to IAS

Welcome back! We hope you all enjoyed a restful summer break. Our team is now back in the office and ready to support children, young people, and families as they navigate the world of Special Educational Needs and Disabilities (SEND).

We are delighted to welcome Anna Morgan-Cox, our newest SEND Adviser. Anna brings a wealth of experience from her work across RBWM as part of Family Friends. We are excited to have her join the team and know that her knowledge and expertise will be a great asset to the families we support.



It's already shaping up to be a busy term, and we are looking forward to working with you over the coming months. Don't forget that our Benefits Information Session is taking place on 30 September. Booking details can be found below, and places are filling quickly.

As always, if you need information, advice, or support, we're here to help. Please do get in touch. We look forward to hearing from you and supporting you throughout the year ahead.

Best wishes,

The SENDIAS Team

Donna, Jean, Kate , Lucy, Millie and Anna.

IAS RBWM Coffee Morning & Information Sessions for 2026/27

BENEFITS

We'll be joined by Shameem Hejazi,
RBWM/DWP Benefits adviser to discuss
what benefits you may be eligible for and
how to apply.



**WEDNESDAY 30TH SEPTEMBER
10-11.30AM**

Tea and coffee and chat from 9.30am

Windsor (Lounge)
65 Alma Rd, Windsor SL4 3HD

Book your FREE ticket via
QR Code or <https://www.ias-rbwm.info/event-details/benefits>



Book via: <https://www.ias-rbwm.info/events>

Wills and Trusts information session - What session time suits you?

We will be running an online session with a specialist in Wills and Trusts to speak to you about planning for the future of your young person or child. Millie will be arranging this online session but we need to know what time of day would be preferred. Please use the below buttons to select a time of day for an online meeting (up to 2 hours) that you think would be most suitable for you to attend. Thanks.

What time of day suits you better?

Morning 10-12noon

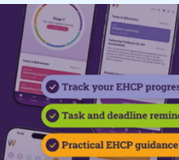
Afternoon 2-4pm

Early evening 5-7pm

Evening- after 7pm

EHCP Tracker App

This app will help keep your EHCP on track, monitor progress and help you prepare for the next step.



EHCP Tracker App from Witherslack - free

Witherslack has developed EHCP Tracker App which is designed to help parents and carers navigate every stage of the EHCP journey with confidence. Developed in consultation with SEN parents, it provides practical, parent-informed support at every step.

Click here: [EHCP Tracker App - Witherslack Group](#)

**sportworks**

SEND
YOUTH CLUB

FUN. FRIENDS. CONFIDENCE. YOU. 

14-17
YEAR OLDS

Maidenhead and Windsor
Short Breaks

Inclusive short breaks for children and young people with mild to moderate special educational needs and disabilities.



Our Short Breaks Programme is designed to support families by providing children and young people with **fun, safe, and enriching** opportunities, while giving parents and carers valuable time to rest, recharge, or focus on other family needs.



We understand that every family is different, which is why our short breaks are **flexible** and **tailored** to meet the individual needs, interests, and abilities of each child.



Delivered by trained, caring staff, our sessions focus on building **confidence, independence, and social skills** through enjoyable activities in a supportive environment.



Most importantly, we aim to give parents peace of mind, knowing their child is **safe, happy, and well supported**.





Participants must be open to **Early Help**



This provision is **not** available to young people who are already in receipt of a Short Break.

**JOIN US. MAKE FRIENDS. TRY NEW THINGS. HAVE FUN!** 

BOOK YOUR PLACE: bookwhen.com/sportworkslondon

Sportworks - SEN Youth Club

Dear Parent/Carer,

Looking for a fun and engaging way for your child to spend their afternoon?

Sportworks Maidenhead After-School Club is the perfect place to play, get active, build confidence, and make new friends in a welcoming and supportive environment!

SportWorks is offering two short break clubs designed to provide enriching, safe, and fun-filled experiences for children and young people with mild to moderate special educational needs and disabilities (SEND).

📍 Maidenhead Community Centre, Marlow Rd, Maidenhead, SL6 7HY
Mondays from 4pm to 6pm (8 to 13 year olds)
Thursdays from 4pm to 6pm (SEND youth club for 14 to 17 year olds)

✨ What can they look forward to?

- Fun and engaging activities
- Games and active play
- Socialising and making new friends
- Building confidence and independence
- A safe and supportive space to have fun after school

Give your child something exciting to look forward to after school!

For more information on criteria, please see the Local Offer:

<https://rbwm.afcinfo.org.uk/pages/local-offer/information-and-advice/leisure-activities-and-short-breaks/sportworks-activities>

📅 Book their place today:
<https://bookwhen.com/sportworkslondon>

GEMS Workshops

You can find and book on to any of the GEMS workshops via their website:

<https://www.gems4health.com/workshops/>

If you would like to book on, please ensure you provide all the information requested in the booking form.

VIRTUAL GEMS

Autism & ADHD Support Service
East Berkshire

COFFEE MORNING

FRIDAY 18TH SEPTEMBER
10:00 TO 11:00 AM

25 SPACES



Sensory Processing

Meet with fellow parents and
carers to share together

Sensory difficulties
Preventing overload
Sensory strategies

Available for families who reside in
or have a registered GP in East
Berkshire with a child who is
Autistic/ADHD
(suspected/pathway/diagnosed)

SIGN UP TODAY!

TO BOOK YOUR PLACE CONTACT GEMS:



Gems.4Health@nhs.net



0800 999 1342



Upcoming Events

Please visit our website to book your space - www.Gems4Health.com

SEPT 17 7:30 PM TO 9:30 PM <i>Managing Anxiety</i>	SEPT 17 7 PM TO 9 PM <i>3 Part Autism Course</i>	SEPT 22 10 AM TO 12 NOON <i>Barriers to School Can't go, Not Won't go!</i>
SEPT 30 7:30 PM TO 9:30 PM <i>PDA - Demand Avoidance</i>	OCT 06 7:30 PM TO 9:30 PM <i>Sleep - Autism and ADHD</i>	OCT 14 7 PM TO 9 PM <i>AuDHD</i>
OCT 21 7 PM TO 9 PM <i>Understanding Emotional Regulation</i>	NOV 03 7 PM TO 8:30 PM <i>Sensory Processing</i>	NOV 12 7 PM TO 9 PM <i>3 Part ADHD Course</i>


Parenting Special Children


NHS Frimley


the autism group



Witherslack - Mental Health & Self Harm - Podcast

Your child's mental health matters, and we know that navigating challenging periods with them can be difficult and emotional. In the latest episode of our podcast, SENSational, we're joined by Hayley Farrar, Senior Therapist from our Group, who shares to advice, practical strategies, and guidance that you can use to support your child.

[Click here to access](#)

What Is PDA? Understanding The Demand Avoidant Profile



23.09.2026



10am

Register your place at witherslackgroup.co.uk/demand-avoidant-pda



IAS RBWM | Riverside Family Hub West Dean, Maidenhead | Maidenhead, SL6 7JB GB

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